

Combined

Thursday, July 1, 2021

Canada Day

Date and Time: Thursday, July 1 12:00 am

Canada Day

Date and Time: Thursday, July 1 12:00 am

Thursday, July 15, 2021

World Youth Skills Day

Date and Time: Thursday, July 15 12:00 am

THRIVING, NOT JUST SURVIVING Another Pandemic Summer

Date and Time: Thursday, July 15 6:30 pm - 8:00 pm

PDF information flyer attached on right.

In this workshop, Jennifer will help parents understand that language and empathy is medicine - medicine that can reduce stress hormones and help to build emotional resilience. If we have learned anything during these crazy times, it's that kids need emotional shock absorbers to be flexible and to thrive. The world opening up again can mean an increase in anxiety and overwhelm for some children (adults too). Learn how to use the magic of the Connected Parenting method to make this a stress free, wonderful summer for the whole family.

REGISTRATION REQUIRED:

JUNE 17th: <https://ddsb.zoom.us/meeting/register/tJMkce2uqjkiHdK-NgKYrwwmhlNA13cFC9AY>

JULY 15th: <https://ddsb.zoom.us/meeting/register/tJUrfu6urTMvHNaKCYwZdSdE35k4xkXdm4rZ>

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Sunday, July 18, 2021

Nelson Mandela International Day

Date and Time: Sunday, July 18 12:00 am

Tuesday, July 27, 2021

Drop-In Summer Sessions for Black Students

Date and Time: Tuesday, July 27 1:00 pm - 2:00 pm

The DDSB Mental Health & Well-Being team is offering a weekly virtual summer drop-in group on Tuesday afternoons from July 27th to August 17th from 1-2 PM to support secondary students who identify as Black. There will be a different theme or focus each week ranging from self-care and emotional well-being, identities, navigating the education system, social media and more. For more information please view the flyer below and to participate please submit the following registration form: <https://bit.ly/Drop-InSummerSessions>.

[Drop-In Summer Sessions for Black Students flyer](#)

Friday, July 30, 2021

International Friendship Day

Date and Time: Friday, July 30 12:00 am

<https://calendar.ddsb.ca>