

SUPPORTING YOUR CHILD'S MENTAL HEALTH through the IMPACT of RACISM AND OPPRESSION

with **Charmaine Lane** BA, MSc, RP

Thursday, AUGUST 19th OR Thursday, SEPTEMBER 23rd

6:30-8:00 pm



We cannot promote or claim to care about children and youth mental health without a focus on the impact of racism and discrimination in a world of systemic oppression. Racial injustice takes a quiet and brutal toll on the mental health of Black and racialized families and children. The psychological stress of experiencing is too often invisible. This burden starts for racialized and specifically Black children before birth and extends across generations, and contributes to the disproportionate prevalence of untreated mental health challenges within Black communities as well as the devastation of the school-to-prison pipeline. **This workshop will examine the impact of racism and oppression of racism on children and youth mental health and the invisibility of such impact.**

*** REGISTRATION REQUIRED:**

AUGUST 19th: https://ddsb.zoom.us/meeting/register/tJAtfuqqpz8rGNWEVChPKYOmffKxL9_hHlak

September 23rd: <https://ddsb.zoom.us/meeting/register/tJEtcOmrpjkUhtGG1Q5NVwdjvszJdgEWB-46>